

Readings and Collect for Sunday 8th October –Trinity 18

Nehemiah 3 1 Corinthians 11: 17-34 Mark 6: 30-44
Eucharistic Prayer F

Almighty and everlasting God, increase in us your gift of faith that, forsaking what lies behind and reaching out to that which is before, we may run the way of your commandments and win the crown of everlasting joy; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Readings for Thursday 12th October

Malachi 3: 13 – 4: 2a Psalm 1 Luke 11: 5-13

Readings and Collect for Sunday 15th October -Trinity 19

Nehemiah 4 James 4: 1-12 Matthew 5: 38-48

Eucharistic Prayer G

O God, forasmuch as without you we are not able to please you; mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

Readings for Thursday 19th October

Romans 3: 21-30 Psalm 130 Luke 11: 47-end.

Please note: These readings and collects may be subject to change.

The next Focus is 22nd October – 4th November

Please email your items to standrewr@outlook.com or phone Gill Crisp on 253743, or Claire Driver on 623419

By 9pm Monday 16th October



St Andrew's Rushmere

Focus for the weeks

8th – 21st October



Eco News

At St. Andrews we are proud to be holders of the Silver Eco Award awarded by A Rocha UK. ECO CHURCH is all about caring for God's beautiful earth through worship, looking after church buildings and land, community engagement and lifestyle.

There are several areas that we would appreciate some additional support in helping us to Go for Gold! and it would be good to have a steering group to help and share the load.

It may be that you have a good knowledge of wildlife in the local area, flowers, trees, grasses, birds or that you would like to support our gardening group who care for the church grounds on a Monday morning.

Or you may know of some new opportunities for recycling items such as foil pill packaging or ink cartridges.

We would like to add some details on our church website and provide a small display in church. It would also be useful to be able to offer a regular sale of Fairtrade goods at our coffee mornings and it would be brilliant to have some identification of some streams of funding for making improvements to church buildings to become carbon neutral!

Please contact Ruth for further information on 01473 711872



Mothers' Union
Wednesday October 18th 2.30pm
Church Hall

We have got a busy afternoon. As well as our Speaker who is going to talk to us about the Ipswich Town Pastors, we have the MU stall coming with all the lovely cards etc that they sell. We shall also have a Raffle for our funds. Our funds are used to pay for speakers and to give donations to various MU Charities. We were able to send £265 to the MU 'Summer of Hope' part from the proceeds of our Raffle at the Mad Hatter's Tea Party and partly from our funds.

In September we had a talk about 'Operation Christmas Child'. Most of you probably know about the Shoeboxes filled with useful and fun things that go all over the world. Our MU is hoping to fill a number of these to go to children who have little or nothing in their lives.

We plan to have a session on **Wednesday November 1st** in the **Hall from 2-4pm** to cover and decorate the boxes and fill them with goodies. If anyone would like to help provide things to go in the boxes we are collecting the following:-

- Soap
- Flannels
- Toothbrushes (but not toothpaste)
- Picture books
- Pencils, crayons and notebooks
- Games
- Sunglasses, hairbrush and combs.
- Torches (preferably wind-up ones),
- Soft toys or dolls -sadly not hand made as they need to have the CE mark on the label.

Any contributions will be gladly received and we will let you know how many shoeboxes we manage to fill! Thank you all very much. As always we welcome any visitors -male or female to our meetings

Ways of Giving

We are very blessed to have a most generous congregation who give freely of their time, talents, energy, compassion, hospitality, and their financial resources; and to make this giving as easy as possible we have a number of ways :-

- Standing Orders.
- Inter-bank transfers.
- Pre-numbered weekly brown envelopes.
- Collection plate at each Sunday service.
- Our contactless terminal for debit & credit cards.
- White pre-printed envelopes for one-off Gift-aided donations, which need to be signed & dated, and with all the required information.
- The "Donate now" button on the Home page of our website <https://standrewschurchrushmere.onesuffolk.net>
- Our QR code printed below, scanned by a mobile 'phone camera and connecting to the Give-a-Little page linked to our website.

Gift Aid can also be claimed by our Church, adding a further 25% at no extra cost to givers, so long as they pay sufficient Income Tax (or Capital Gains Tax) in the current tax-year to cover their donations.

If you have any queries please ask a Warden or our Treasurer Chris.

Standing Order and Gift Aid forms are available.

Thank you very much for your continuing generosity to our Church.

Rev'd. Alan
Chris Gibson





The Real Advent Calendar



It's less than 2 months to **ADVENT** so time to think about ordering **The Real Advent Calendar**

They are £4.50 again this year and if you would like to donate one to FIND please order with an 'F' by the number (and we will deliver for you).

There are some other lovely items which I am also willing to order for you:

- Christmas Blessings Milk Chocolate bar £3
- Host of Angels Tree decorations, 6 chocolate angels, sticker set and Christmas activity poster. £4.99
- A Meaningful Chocolate Orange, with Christingle features £ 3.50
- Reusable Real Advent Calendar (with contents) £25

Please see more details about all of the above in the Church hall at 'coffee time' with order forms.

You can read more at www.meaningfulchocolate.co.uk

Delivery is free if I order by 7th November so please sign-up THIS month. Margaret M.

Lunch Club – Please Note the Amendment!

We are still looking for a cook to provide a main course and dessert for about 30 people.

This is **One Wednesday a Month** except in August.

All help and support will be given.

Phone Sue 01473 723957



Glasses/Spectacles – Thank You



Thank you for donating your old glasses for the benefit of people living in poverty. I really had not expected so many pairs, and was delighted. A LARGE box of glasses was handed to Robert Brown of the Woodbridge Lions on Saturday 16th September. When I was in church yesterday there were more glasses in the box, and I have stored them for next year, when I hope to repeat the appeal. However, in the meantime if you have glasses and don't want to hold on to them for so long, I would be happy to collect them, so please feel free to email me or leave me a message in church.

My email address is ruthlloyd12@gmail.com

Sadly I had not been told that glasses cases were not taken. Robert will do his best to dispose of the cases so that they are reused, but that is not always possible. Maybe there is a message here for many of us, to take old spectacle cases with us when we need new glasses, rather than expecting/accepting new cases.

Thank you again
Ruth Lloyd



Ride and Stride

Thank you to everyone who helped on the day manning the church and to all the sponsors who sponsored Rachel, Bob, David and myself in raising money for the Suffolk Historic Churches Trust. We raised **£1510.00** of which half the money will come back to St Andrews Rushmere.

We are very grateful. If you hadn't sponsored us and want to, it's not too late!! Please get in touch with any of us.
Many thanks, Kevin.

Rushmere St Andrew Parish Council



Remembrance Service

Saturday 11th November at 10.45am

We will be having a Remembrance Service on Saturday, 11th November beginning at 10.45 a.m. at St Andrew's Church in The Street, Rushmere St Andrew, IP5 1DN. The service will be led by the Reverend Alan Comfort from St Andrew's Church and the Reverend Hazel Hunting, Minister from the Rushmere Baptist Church.



The service will be followed by free refreshments and entertainment at the St Andrew's Church Hall provided by the Parish Council in association with Communities Together East Anglia. The event will run from 12 noon – 2.00 p.m. and it is an opportunity for members of the community to get together in a safe, shared space to access useful information and enjoy some refreshments and light entertainment. The event is open to all ages and we welcome all members of the community to join us for the commemoration and event.

Sunday 12th November at 6pm

Join us for a Remembrance Water Tower Light Display together with free refreshments to see the Water Tower Light up with a poppy display. We will get together at Tower Hall, 5 Broadlands Way, Rushmere St Andrew, IP4 5WA where you can get a very good view of the water tower and enjoy some warm drinks while watching the display. This will be from 6pm until 8pm and all members of the community are welcome to attend.

Reaching the Unreached (RTU) Sale Save the Date – Friday 17th and Saturday 18th November

Following our successful sale again last year we have booked the dates for this year's sale, **Friday 17th November** and **Saturday 18th November**. We felt that the slightly different format worked well last time with the introduction of Bacon Butties on the Saturday morning.

Donations of:

- Books/puzzles and toys
- Toiletries and Scarves
- Cakes and preserves (nearer the day)
- Next to new and unwanted gifts.
- Crafts and stationery

We will not be taking clothes, bric-a-brac or soft furnishings.

More information to follow in future editions of Focus.
Please save the dates.

Church Mission Society – Thank You.

Very many thanks to everyone who donated to the September "Charity-of-the-Month" appeal and those supporting the ploughman's & crumble lunch on 16th September. Both were to raise funds for St Andrew's CMS mission partners, Dick and Caroline Seed, as they continue their work in southern Africa to build capacity in church leaders to train the next generation of leaders. St Andrew's raised **£706** (including tax recovered). On behalf of the Seeds and CMS, the Parochial Giving Panel and CMS Group thank you for your very generous donations and prayers.



Coffee Morning
Saturday 14th October
 10 – 11.30 am
 Church Hall



Drop in for refreshments, a bring and buy stall and a raffle.

Meet old friends or make new ones!



Music at Rushmere
Sunday Afternoon Concerts 2023, 3-4pm



8th October – The Gainsborough Quartet

15th October – Musicology –Vocal Group

22nd October – Ipswich Hospital Band

Free admission with voluntary contributions towards the Blossom Appeal at Ipswich Hospital.

Refreshments are provided after the concerts.



Quiz Night
Saturday 28th October 7.30 pm
 Church Hall



Teams of up to 6 people.

£7.50 pp - includes ploughman's supper, soft drink, tea/coffee and home-made cake.

Contact Sue on 723957 for tickets.



MONDAY PRAYERS

A time of coming together to pray for the church and parish from 4.30-5pm every Monday in church. All welcome.

'Devote yourselves to prayer, being watchful and thankful' (Col 4:2)



First Aid Course
Wednesday 18th October 7.30 pm
 In Church

Organised by St John Ambulance in church, as part of their Restart a Heart Campaign. This will focus on CPR and the use of defibrillators.



For more information

Focus, church services and all our events and activities are also available on our website at:

<https://standrewschurchrushmere.onesuffolk.net>

Find us on Facebook at:

www.facebook.com/standrew.rushmere

Growing in God

Title - 'Understanding Holy Communion'

After a successful first session exploring this topic the next session will be Saturday 28th October 10-1pm and will be led by Chris Yule.

After each input, we will have a chance to explore the Biblical origins of this special moment of worship in small groups. Not to be missed! To tell us you're coming, put your name on the sign up sheet in church or email alancomfort11@gmail.com.

Session 2 – Saturday 28th October -10-1pm

Holy Communion and Common Worship: The Church of England Tradition

Session 3 – Saturday 25th November- 10-1pm

How does the service of Holy Communion speak to us today?

All are welcome.



'Light Party'
Sunday 22nd October
3-5pm

Scout Hall Dumbarton Road,
IP4, 3JP

Crafts, food and great fun for all the family!

Free entrance and all are welcome.

(Children must bring an adult!)

For more information email alancomfort11@gmail.com

Join a House Group this Autumn

The house group studies this Autumn/Winter will look at aspects of Paul's ministry in the eastern Mediterranean.

We will look at the heart of Paul's teaching and preaching, the establishment of new Christian communities and the encouragement of believers.

Groups will start from **10th October at 7.45pm**

Contact: David Gill david@davidgill.co.uk or Revd Alan alancomfort11@gmail.com for details and booking in.

Next Joint Service

Sunday 22nd October 6.30pm

St Andrew's Church Rushmere

Please come and join us

Dates for the Diary – More information to follow:

- Service of Memories Sunday November 5th 3pm
- St Andrew's Day Thursday 30th November

Please Note!

Change of email address to:

standrewr@outlook.com