

**Readings and Collect for Sunday 16<sup>th</sup> July**  
**The Sixth Sunday after Trinity**

Genesis 25: 19-34 Romans 8: 1-11 Matthew 13: 1-9, 18-23  
Eucharistic Prayer A

Merciful God, you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

**Readings for Thursday 20<sup>th</sup> July**

Exodus 3: 13-20 Psalm 105: 1, 5, 8-9, 24-27 Matthew 11: 28-end

**Readings and Collect for Sunday 23<sup>rd</sup> July**  
**The Seventh Sunday after Trinity**

Genesis 28: 10-19a Romans 8: 12-25 Matthew 13: 24-30, 36-43  
Eucharistic Prayer B

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy spirit, one God, now and forever

**Readings for Thursday 27<sup>th</sup> July**

Exodus 19: 1-2, 9-11, 16-20 Psalm 14: 15-16 Matthew 13: 10-17

*Please note: These readings and collects may be subject to variation*

**The next Focus is 30<sup>th</sup> July – 12<sup>th</sup> August**

Please email your items to [standrewr@gmail.com](mailto:standrewr@gmail.com) or phone Gill Crisp on 253743 or Claire Driver on 623419

**By 9pm Monday 24<sup>th</sup> July**



**St Andrew's Rushmere**  
**Focus for weeks**  
**16<sup>th</sup> – 29<sup>th</sup> July**



**Reaching the Unreached:**  
**A message from Mo Houlden re their recent visit to St.Andrew's**

"I just wanted to send you a quick email to say thank you so much for organising a wonderful evening on Monday. It was lovely to see you again and meet some of you for the first time. The food was delicious and it was lovely that so many people came – a very fitting end to Father Arockiaraj's visit here. I know that all at RTU are immensely grateful for all your kind support over many years, and we were very lucky that one of our St Andrew's friends gave me a cheque for another StAR House while we were there. It was good too to meet the Sunday school organisers to thank them for the funds they raised for another StAR House. I will send you the list of the projects that RTU needs to do and, if you'd like any more details of any of these, please do let me know."

We also raised £380 by way of donations, on the evening and I gave Mo another envelope of used stamps. Thank you all for supporting the evening, it was great to see and hear about current work at Kalliputti.

Please note our next **Annual Sale** will be **17<sup>th</sup> and 18<sup>th</sup> November** this year. Please save the date.

Ruth

## Eco News

Thank you to those of you who recently took part in the Lifestyle Survey . I have looked at the answers you gave and it has been really helpful and highlighted some areas where perhaps you might need more information.

The best explanation for transition towns or communities is that given by Woodbridge:

“Transition Woodbridge is a community-led group that aims to strengthen the local economy, reduce the cost of living and prepare for a future with less oil and a changing climate. Transition works by bringing people together to discuss the problem and then to create their own collective story of the future they would like to see. A positive story of a positive future that then leads on to positive and achievable local action. Transition is not a set of answers. There are no guidelines. No rigid rules. Every community has to create its own vision and define its own priorities.”

Their activities include monthly repair cafes, wildlife corridors, community spring cleaning and promoting local food and drinks amongst others. Oak Tree Farm in Rushmere is a carbon neutral project, which welcomes participants.

It seems we are all trying to reduce our electricity and car use, which has been made necessary by costs, but nonetheless is very encouraging.

Most of us would like to use fairtrade products if they were more affordable. From time to time I will endeavour to have a selection of Fairtrade products for sale at church, so that you can see what is available.

Ruth

### For more information

Focus, church services and all our events and activities are also available on our website at:

<https://standrewschurchrushmere.onesuffolk.net>

Find us on Facebook at:

[www.facebook.com/standrew.rushmere](http://www.facebook.com/standrew.rushmere)



## MONDAY PRAYERS

A time of coming together to pray for the church and parish from 4.30-5pm every Monday in church. All welcome.

*'Devote yourselves to prayer, being watchful and thankful' (Col 4:2)*



**Quiz Saturday 29<sup>th</sup> July**  
**Church hall 7 for 7.30pm start.**

Pay **£7.50** on admission.

Ploughman's supper and homemade cake and good fun.

For tickets contact Sue Scotchmere;  
723957 [r.scotchmere@btinternet.com](mailto:r.scotchmere@btinternet.com)

Thank you Sue



### QR (Quick Response) Code

Due to a severe loss of revenue to our church due to Covid-19 the QR code will continue to be seen in Focus. The code can be scanned by a mobile phone with a camera and will connect to the Give-a-Little page linked to the website:

<https://standrewschurchrushmere.onesuffolk.net>

\_Any queries, please ask our Treasurer on 724211  
or a Church Warden





### **Mother's Union 'Wave of Prayer' Service Last Reminder**

Our next Mother's Union meeting is on  
**Wednesday 19<sup>th</sup> July at 2.30pm** in Church  
followed by tea in the hall. All are welcome.

All the Dioceses in the Anglian Communion are linked to 3 or 4 other dioceses and each group is given dates for their place in the Wave of Prayer. St Edmundsbury and Ipswich take over from Rochester Diocese and their 4 link dioceses on 16th July and then hand on to 5 more dioceses in Africa, India, and Tonga in Polynesia. It is a great privilege to be involved in this world wide movement.

### **CMS – An Update from Dick and Caroline Seed**

We have just received an update from Dick and Caroline. They have been in Uganda running 3 different workshops over 5 days for 108 lecturers and administrators -totally exhausting! They are now back in Cape Town and running on-line courses for theological lecturers in 8 East African countries. One of their big problems is with the technical problems of electricity supply and the unreliable Internet access. They have asked for our prayers for this work. CMS has also told us about a priest from Uganda -Andrew - who has just completed a PhD under Caroline's supervision. Andrew is now teaching theology and ministering at a parish in Kampala. They ask for prayers for him as he trains the next generation of church leaders in East Africa.  
CMS Support Group

**Next Joint Service**  
**All Saints Church, Kesgrave**  
**Sunday 23<sup>rd</sup> July**  
**6.30pm**  
All Welcome

## **RUSHMERE ST ANDREW CHURCH**

# **SUMMER FUN DAY**

**SATURDAY, 22ND JULY 2023**

**10.00AM UNTIL 5.00PM**

**MURDER MYSTERY EVENING, WITH MEAL**  
**7.30PM**

**DELICIOUS FOOD AND EXCITING GAMES**  
**& ACTIVITIES FOR ALL AGES**  
**THROUGHOUT THE DAY**

**RESERVE THE DATE NOW!**

**OFFERS OF HELP FOR THE DAY & EVENING**  
**WILL BE GRATEFULLY ACCEPTED.**

**PLEASE SEE THE SIGN-UP SHEETS IN THE**  
**CHURCH HALL, OR SPEAK WITH PAUL OR KEVIN.**