



# St Andrew's Rushmere

## Focus for Weeks

### 1<sup>st</sup> - 28<sup>th</sup> June



**The next Joint Service**  
**Sunday 1<sup>st</sup> June 6.30pm**  
All Saints Church, Kesgrave, IP5 1AA

## MONDAY PRAYERS

A time of coming together to pray for the church and parish from 4.30 – 5.00pm every Monday in church. All are welcome.

*'Devote yourselves to prayer, being watchful and thankful.'* Colossians 4:2



**StAR**

**Sunday**  
**3pm - 5pm**

**Messy Church**



**in Dumbarton Hall, IP4 3JP**

**On 1<sup>st</sup> June a special -**

**'Messy May Festival BBQ Madness'**

**then: 22<sup>nd</sup> June, 27<sup>th</sup> July, not in August**

*Messy Church full of joy, fun and musical energy with  
crafts and food for all the family!*

*Free entrance! All welcome!*

**Children must bring an adult. For more information email  
alancomfort11@gmail.com**

✠ **St Andrew's at Dumbarton Hall** ✠  
*Informal Worship of a more  
contemporary flavour*

*Music Group, great worship songs, overhead screen,  
relaxed children's table for families, time to enjoy being  
in God's presence. Tea and cake will follow.*

**2<sup>nd</sup> Sundays from 3pm in Dumbarton Hall.**

**8<sup>th</sup> June, 13<sup>th</sup> July,  
and 10<sup>th</sup> August 2025**

To find out more speak to Rev Alan 01473 270976 or  
Jim Ainslie 01473 720618

**'FOLLOWING ON FROM THE MAY FESTIVAL 2025'**

**Mini - Alpha Course at St. Andrew's**

Tuesdays 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> June 2025

7.30 - 9pm in St. Andrew's church hall.

Free, but book a place via the link on the  
church website or sign-up sheet in church.



The Mini-Alpha Course offers three sessions looking at  
'Who is Jesus?' 'Why did Jesus die?' and 'How can I  
have faith?' Each session starts with refreshments, a 25  
minute video, followed by an opportunity to think through  
these important questions together. No prior knowledge  
needed, just the desire to explore with others.

**The 'Big' Discussions.**

Saturday 21<sup>st</sup> June & 19<sup>th</sup> July 2025

10 - 11.15am in St. Andrew's Church Hall

Free, but book a place via the link on the church website  
or sign-up sheet in church.

The 'Big' Discussions are thoughtful opportunities to consider what being a Christian means when faced with some of the difficult questions facing us today.



**21st June** We will be asking 'Is Assisted death ever right for a Christian?' Our discussion will have input from Chris Yule, a former solicitor who was Chief Crown Prosecutor for Suffolk until 2005, and currently Reader Emeritus at St Andrew's on the Ministry Team, as well as the opportunity for us to explore this difficult question with others in smaller groups. The session will finish with coffee and cake.

**19th July** We will be asking the question; 'Refugees in the UK; crisis or opportunity?' Our discussion will have input from Alan Cutting, who brings a wealth of experience from his work in international aid and development, and his current role in welcoming refugees to Ipswich, as well as offering the space for us to explore this question from a Christian perspective in smaller groups. The session will finish with coffee and cake.

The Funeral of Michael Stow is on **Monday 9th June, 2pm** at St. Andrew's followed by refreshments in the church hall.

Everyone is welcome to come and support Frances and all the family, as we thank God for a delightful man and member of our church family here at St. Andrew's.



## Christian Aid Prayer Breakfast 26<sup>th</sup> April – a review

Diane Davey opened with a short history of Christian Aid which began in 1945 to help refugees at the end of the Second World War. Later this spread to help other emergencies. In the 1950's Christian Aid Week was established. By the 1980's Christian Aid was working in 50 poor countries.



We watched a short film about their work in Guatemala and the problems people are facing due to climate change and their lack of water and the effect on crops causing food prices to rise.

Prayers were then offered for Emergency Appeals in Myanmar, Ukraine, the Middle East and Sudan, for climate change issues, particularly in Ethiopia, for debt justice seeking legislation to restore vital funds to countries impacted by unfair lending, for action on poverty and humanitarian aid funding and campaigns to end violence against women, racism and to end slavery. There were also prayers for fundraising for Christian Aid. Please continue to pray for the work of Christian Aid.

## THANK YOU

The emergency **appeal for Myanmar** raised £505.50 (including tax recovered) donated through Christian Aid & its partner DEC. The **May Charity of the Month** raised £1,091 (including tax recovered) for Christian Aid. Many thanks for your generosity. Mission & Giving Panel.

---



**June Mission Breakfast:** a talk, and opportunity for prayer is on **Saturday 28<sup>th</sup> June** 8.30am to 10am in the church hall – “Caring on the Streets” – the Ipswich Town Pastors call for action to walk with those so often sidelined by society in our community. Why not join us for breakfast and listen to an inspiring talk by Pete Wood, a Town Pastor? If you wish, stay after the talk to pray for the various aspects of their work.

This breakfast launches ‘Ipswich Town Pastors’ as our July 2025 Charity of the month.



### **The Monday Daytime House Group**

Owing to the Pilgrimage to Whitby and holiday commitments, the Monday lunchtime house group will resume in July. We will be using group studies from the book ‘Living Jesus’, by John Pritchard. Speak to Chris Yule for more details.

**Lunch club.** *“If you can’t drive, can you wash up?”*

We are looking for helpers in the kitchen from 11.00 to 14.00, once a month on a Wednesday. Join our lovely team. Contact Sue 01473 723957

### **Children’s Society Boxes.**

Many thanks to those who have already brought their box to be emptied and counted. If you have a box, I would be grateful if you can bring it to church before the end of July. Many thanks, Tricia Tyler (07951817543)



## **Mothers' Union**



We had an amazing meeting in May!

Jackie White spoke to us after our service in church with a very powerful and moving testimony. We were very pleased to welcome a large number of visitors and all enjoyed a very good tea in the church hall. Many thanks to everyone who worked hard to make the afternoon so enjoyable.

In June - **on Wednesday 18<sup>th</sup>** - we will have a talk about 'Tear Fund' by Val Dufour. We will have a Raffle to raise some money for this very worthwhile charity. As usual anyone who would like to join us for the afternoon will be very welcome. Our new MU Diocesan President is going to join us for the afternoon.

**Recycling bins update:** Suffolk Libraries are no longer offering a service to recycle used pens and ink cartridges', we can probably find a home for the ink cartridges, but the services for pens is no longer offered by Tetracycle. Possibly we could re-use the pen bin to recycle spectacles.

## **What's the environmental impact of fast fashion ?**

- Producing clothes uses a lot of natural resources and creates greenhouse gas emissions which are responsible for climate change.
- Overall, the fashion industry is responsible for 8-10% of global emissions, according to the UN - more than the aviation and shipping combined.
- And global clothes sales could increase by up to 65% by 2030, the World Bank suggests.

- Most of fashion's environmental impact comes from the use of raw materials:
- Cotton for the fashion industry uses about 2.5% of the world's farmland
- Synthetic materials like polyester require an estimated 342 million barrels of oil every year
- Clothes production processes such as dying requires 43 million tonnes of chemicals a year
- The industry also uses a lot of water: to make a T shirt requires 2,700 litres of water, to make a pair of trousers takes 10,000 litres of water.
- UK shoppers buy more clothes per person than those in any other country in Europe, according to MPs.
- Young people top that list. (*Source: BBC News*)

*Ruth*

## **Ways of Giving**

We are very blessed to have a most generous congregation who give freely of themselves and their financial resources. For this we are extremely grateful and we have many ways to make giving as easy as possible.

Also, we can claim Gift Aid, increasing each donation by a further 25% at no extra cost to the givers, so long as they pay sufficient Income Tax, (or Capital Gains Tax) in the current tax year to cover their donations.

The next Focus is **29<sup>th</sup> June - 27<sup>th</sup> July**  
Please email items to: [standrewr@proton.me](mailto:standrewr@proton.me)  
or phone Claire 07971 334142  
**By 9pm Friday 20<sup>th</sup> June**

**Readings for Sunday 1<sup>st</sup> June:**  
**Sunday after Ascension Day - Easter 7**  
**Environment Sunday**

Acts 16:16-34      Revelation 22:12-end      John 17:20-26

**Readings for Thursday 5<sup>th</sup> June**

Acts 22:30, 23:6-11      Psalm 16:1, 5-end      John 17:20-end

**Readings for Sunday 8<sup>th</sup> June**  
**Pentecost**

Acts 2:1-21      Romans 8:14-17      John 14:8-17, (25-27)

**Readings for Thursday 12<sup>th</sup> June**

2 Corinthians 3:15, 4:1, 3-6      Psalm 78:36-40

Matthew 5:20-26

**Readings for Sunday 15<sup>th</sup> June**  
**Trinity Sunday**

Proverbs 8:1-4, 22-31      Romans 5:1-5      John 16:12-15

**Readings for Thursday 19<sup>th</sup> June**

1 Corinthians 11:23-26      Psalm 116:10-end      John 6:51-58

**Readings for Sunday 22<sup>nd</sup> June**  
**First Sunday after Trinity**

1 Kings 19:1-4, (5-7), 8-15a      Galatians 3:23-29      Luke 8:26-39

**Readings for Thursday 26<sup>th</sup> June**

Genesis 16:1-12, 15-16      Psalm 106:1-5      Matthew 7:21-end

**Readings for Sunday 29<sup>th</sup> June**

**Trinity 2**

Galatians 5: 1, 13-25      Luke 9:51-end